



# DR. VIHAL PATEL

## Contact

### Address

394520

### Phone

80003-26550

### E-mail

vihalpatel2@gmail.com

## Skills

Surgical Skills

Treatment Plan  
Development

Patient Diagnosis

Physical examination

Wound Care

Abnormality and Disease  
Detection

Patient Counseling

Patient Education

Pain Management

Primary Care

Emergency Management

Diagnose disease causes, symptoms and likely progression based on patient histories, examinations and diagnostic testing. Diligent about addressing every need with conscientious and detail-oriented approach. Medical experience and passion for helping patients improve health and wellness.

## Work History

### Senior Resident doctor

*S&G hospital, Vadodara*

- During this I have independently operating all complex trauma cases
- Operating all major and minor spine cases, arthroscopy and arthroplasty case.

## Certifications

Ortho Learning & Assessment, IOA (Indian Orthopedics Association)

Osteoporosis and Trauma Updates, IOA (Indian Orthopedics Association)

Pain Management, IOA (Indian Orthopedics Association)

Rheumatoid Arthritis, IRA (Indian Rheumatology Association)

Medical Legal Issues and Medical Ethics.

2017, Indore, IOACON (Annual Conference of Indian Orthopedics Association)

2018, IOACON (Annual Conference of Indian Orthopedics Association)

2019, Kolkata, IOACON (Annual Conference of Indian Orthopedics Association)

2019, IOACON TV (Annual Conference of Indian Orthopedics Association)

2022, IFASCON, Goa, (Annual conference of Indian Foot and Ankle society)

Remote health monitoring

Research and analysis

Care Plan Development

Patient Safety

Critical Care

Patient Management

Diagnostic Skills

Ethics and confidentiality

## Languages

Gujarati

Hindi

English

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## Degrees

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- M.B.B.S.
- M.S. ORTHOPAEDICS

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## Academic background

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- Completed fellowship in Foot and Ankle surgery under Dr. Rajiv shah at Sunshine Global Hospital, Baroda.
- Completed fellowship in Foot and ankle surgery under Dr. Abhishek Kini at P. D. Hinduja Hospital, Bombay.
- Completed Arthroplasty fellowship under Dr. Nilen Shah at H. N. Reliance hospital, Bombay.
- FIFA diploma in Football Medicine.
- M.S. Orthopaedics - Government Medical College, Baroda (2017-2020)
- M.B.B.S. - Government Medical College, Baroda. (August 2009- March 2015)

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## Medical Profession

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Worked under the guidance of eminent Orthopaedic Surgeons., Managed orthopaedic emergencies, outpatient inpatient departments, assisting and independently doing major and minor surgeries including trauma, foot and ankle, Spine, Arthroplasty, Arthroscopy and Paediatric Orthopaedics., Working as Senior Resident doctor at SSG hospital, Government medical college, Vadodara. During this I have independently operating all complex trauma cases. Operating all major and minor spine cases, arthroscopy and arthroplasty case., 5 years of performing major and minor trauma surgeries., Assisted in Total hip and Knee arthroplasty and performed independently Hemiarthroplasty of Hip joint and basic steps of Total Hip and Knee replacements. Done arthroplasty fellowship under Dr. Nilen Shah at H. N. Reliance hospital, Bombay. (February 2021 - August 2021), Assisted in all simple and complex arthroscopies of

knee and shoulder and performed independently simple procedures like diagnostic knee arthroscopy, loose body removal, synovectomy, meniscectomy and harvested and prepared grafts., Calcaneum fracture, Talus fracture, Lisfranc fracture dislocation, Cuboid and tarsal bone fracture, Metatarsal and phalynx fracture, Pilon fracture, Trimalleolar and Pott's fracture, Jone's fracture, Ankle arthrodesis, Subtalar arthrodesis, Triple arthrodesis, 1st MTP fusion in hallux rigidus, TTC nailing (hind foot fusion), Arthroscopically lose body or foreign body removal, Arthroscopy guided intraarticular fracture fixation, Osteochondral defect debridement plus bone marrow stimulation in talus, Anterior as well as posterior impingement debridement, Ankle arthrodesis with arthroscopy, Retrocalcaneal bursa excision, Plantar fascia release, ATFL repair, Hallux valgus correction, Flat foot correction, Cavus foot correction, CTEV surgical correction, Claw toe correction, Hammer toe correction, Haglund syndrome, Insertional tendoachillis repair, Accessory navicular removal (Kidner procedure), Peroneal tendon repair, Modified brostrom procedure (ankle lateral ligament repair)

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## Publications and Thesis

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Publication on "Study of Anterior Bridge Plating with MIPO technique for Fracture shaft of humerus.", Poster: "Study of outcome of Pilon fracture of tibia treated with open reduction and plating.", Thesis: "Study of Anterior Bridge plating with MIPO technique for Fracture shaft of humerus." under guidance Dr. Yogesh C. Patel.

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## CME Attended

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- Monthly CMEs of Baroda Orthopaedic Society.
- Monthly Departmental CMEs at Orthopaedics Department, Medical College Baroda.
- Attended SURESWAR PANDEY Foot and Ankle PG lecture course, IFASCON 2018, Vadodara, Gujarat.

- Attended GOA PG QUIZ-CME organized by the department of Orthopaedic, Govt. medical college, Jamnagar 2018.
- Attended PG lecture course in Paediatric Orthopaedics held at Medical College Baroda in December, 2017.
- Attended CME on Total Hip Arthroplasty by Dr. Harish Bhide on January 2020.
- Attended CME on rotator cuff repair by Dr. Sanjay Trivedi and Dr. Kalpesh Trivedi on December 2019 at Baroda.
- Attended IFASCON 2022, Goa, India.
- Attended IFASCON 2023, Nagpur, india as a Faculty.
- Attended GOACON 2022 Bharuch, Gujarat.
- Attended GOACON 2023 Bhavnagar, Gujarat as a faculty And Wone 1st Prize in case presentation.

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## Personal Information

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Specialization: FOOT & ANKLE SURGEON

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## Publications

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Publication on "Study of Anterior Bridge Plating with MIPO technique for Fracture shaft of humerus."

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## References

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- Dr. Abhishek R. Kini (Consultant Foot and Ankle surgeon P.D. Hinduja Hospital & Foot ARK clinic, Bombay)
- Dr. Nilen Shah (Consultant Arthroplasty Surgeon at H.N. Reliance Hospital, Bombay)
- Dr. H.H. Mathur (Professor & Head of Department Of Orthopaedics, Medical College Baroda, Gujarat.)
- Dr. Y.C. Patel - My PG guide. (Professor & Head of Unit, Department of Orthopaedics, Medical College Baroda, Gujarat.)
- Dr. G.M. Patel (Associate Professor & Head of Unit, Department of Orthopaedics, Medical

## Training

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- Live surgeries by the consultant on arthroplasty, arthroscopy and spine at SSG Hospital, Vadodara.
- Basic Life Support course and workshop at department of Emergency medicine, Medical College Baroda & SSGH in July 2018.
- Advanced Trauma Life Support course and workshop at department of Emergency medicine, Medical College Baroda & SSGH in July 2019.
- Attended 5th advanced training on Ponseti method for Clubfoot Management, Govt. spine institute, Civil hospital Ahmedabad, Gujarat.
- Attended Workshop on Research Methodology, AETCOM, Medical Ethics & Medico legal Aspects, 4th and 5th April 2019, Medical college Baroda, Vadodara, Gujarat

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## Registration No.

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